

WORMING HEAL PACK



KEEP WORMS AT BAY

Regrettably worms are present in our food chain and cooking will not always kill them. The aim of this cleanse is to combat both the eggs and the worms. The herbs will encourage a more oxygen rich and generally healthier colon environment.

Please ensure that you have the pamphlet 'What is a Detox?' before you start this cleanse. Do not attempt if pregnant, breast-feeding, suffer from weakened or debilitating colon conditions and diseases or are on prescribed medication. Contact our **Product Advice Line** if you would like more instruction or support. **Tel: 0870 755 48 48.**



FOR THIS CLEANSE YOU WILL USE FIVE PRODUCTS:

250ml Walnut and Wormwood Formula
 125 Barberry Capsules
 100g Chamomile Herb Tea
 100 Vegetable Cellulose Capsules
 100g Organic Whole Cloves
 Free Book by Dr. Schultze

- The **Walnut & Wormwood Formula** is intended to immobilize and stun the parasites.
- The **Barberry Capsules** ensure that the bowel adequately moves, making sure that the worms and eggs are expelled.
- **Chamomile Herbal Tea** is a natural pro-biotic and helps balance the stomach flora which is important during this cleansing process.
- The **Cloves** are intended to kill the eggs of the parasites.

PROGRAMME

DAY 1-21

Take your **Walnut & Wormwood Formula, Cloves, Barberry Capsules** and **Chamomile Flower Herbal Tea**.

DAY 22-28

Take your **Cloves, Barberry Capsules** and **Chamomile Herbal Tea**.

SCHEDULE

DAY 1-21

MORNING

- Crush some **Cloves** and freshly fill 3 capsules (*as directed on the packet and tub*) and take.
- Take 4ml **Walnut & Wormwood Formula** as directed on the bottle.

EARLY EVENING

- Take 4ml **Walnut & Wormwood Formula** as directed on the bottle.
- Take between 1 and 6 **Barberry Capsules** according to your needs – follow directions on the advice sheet and tub.
- Drink 1 cup of **Chamomile Herb Tea** as directed on the packet.

DAY 22-28

MORNING

- Crush some **Cloves** and freshly fill 3 capsules as directed and take.

EARLY EVENING

- Take between 1 and 6 **Barberry Capsules** according to your needs.
- Drink 1 cup of **Chamomile Herb Tea** as directed on the packet.

PLEASE NOTE

It is vital that your bowels move during this cleanse in order to remove the stunned worms and parasites. They are specifically not killed so as to avoid them giving off aflatoxins, but removing them quite quickly is important. Please use the sample of **Chamomile & Cascara Capsules** if the **Barberry Capsules** are not strong enough.



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