



IMMUNE COMBAT BOOST - DEFENCE, ATTACK & RECOVERY

By purchasing this **Immune Herbal Heal Pack** you are embarking on empowering and strengthening your immune system.

Please ensure that you have the pamphlet 'What is a Detox?' before you start this heal pack. Do not attempt if pregnant, breast-feeding or are on prescribed medication. Contact our **Product Advice Line** if you would like more instruction or support. **Tel: 0870 755 48 48.**



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FOR THIS HEAL PACK YOU HAVE FOUR PRODUCTS:

250ml Siberian Ginseng & Liquorice Formula

50ml Echinacea & Thyme Formula

50ml Pau d'arco & Chamomile Formula

4x100g Immuno Herbal Tea

Free Book by Dr. Richard Schulze

Free Tea Sock



○ The **Siberian Ginseng & Liquorice Formula** is designed to support the body in a tonic capacity.

○ **Immuno Herbal Tea** the echinacea is very potent when extracted in hot water as are the other herbs.

○ The **Echinacea & Thyme Formula** is a time tested favourite is used, whilst their strength and organic origins really shine through.

○ The **Pau D'arco & Chamomile Formula** a good support to the main (above) herbal formula.

ADULT DOSAGES

Siberian Ginseng & Liquorice Formula (250ml): 8ml x 1 daily.

Echinacea & Thyme Formula (50ml): 5ml x 2 daily (*am and pm or if more convenient take 10ml 1 x daily*).

Pau D'arco & Chamomile Formula (50ml): 5ml x 2 daily (*am and pm or if more convenient take 10ml 1 x daily*).

N.B. please follow the above during this 28 day programme rather than the dosage suggested on the labels.

PROGRAMME

DAY 1-10

Take your **Siberian Ginseng & Liquorice Formula**. **Immuno Herbal Tea** 3 x daily.

DAY 11-16

Take your **Siberian Ginseng & Liquorice Formula**, the **Echinacea & Thyme Formula**. **Immuno Herbal Tea** 3 x daily.

DAY 17-22

Take your **Siberian Ginseng & Liquorice Formula** and the **Pau d'arco & Chamomile Formula**. **Immuno Herbal Tea** 3 x daily.

DAY 23-28

Take your **Siberian Ginseng & Liquorice Formula**. **Immuno Herbal Tea** 3 x daily.

SCHEDULE

Ensure you drink 3 cups of **Immuno Herbal Tea** daily.

DAY 1-10

MORNING

- Take 8ml of the **Siberian Ginseng & Liquorice Formula** as directed on the bottle.

DAY 11-15

MORNING

- Take 8ml of **Siberian Ginseng & Liquorice Formula**.

EVENING

- Take 10ml of **Echinacea & Thyme Formula** as directed on the bottle.

DAY 16-20

MORNING

- Take 8ml of **Siberian Ginseng & Liquorice Formula** as directed on the bottle (*if you prefer take 5ml lunchtime and 5ml early evening*).

EVENING

- Take 10ml of **Pau d'arco & Chamomile Formula**.

DAY 21-28

MORNING

- Take 8ml of the **Siberian Ginseng & Liquorice Formula** as directed on the bottle.